

## Chef Mikey Presents

My Kid's Lunch
A division of Michael's of Denver Catering
303-778-0916

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| :---: | :---: | :---: | :---: | :---: |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| S'mores Breakfast <br> Bar(s) <br> 100\% Juice <br> Whole Apple <br> Meatball Sub <br> Marinara Sauce <br> Hoagie Roll <br> Steamed Carrots <br> Fruit Cup | Maple Waffle <br> Dried Apples <br> Whole Orange <br> Cheese Lasagna Roll Up <br> Steamed Broccoli <br> Seasonal Fruit | Vanilla Yogurt Honey Granola 100\% Juice <br> Sliced Peaches <br> Breakfast Sandwich <br> Buttermilk Biscuit <br> Egg Patty <br> Cheddar Cheese <br> Hash Browns <br> Fresh Orange | Oatmeal Round Dried Fruit Whole Banana <br> Beef Soft Tacos Cheddar Cheese Tortillas, Salsa Refried Beans Fresh Apple | Pumpkin Bread String Cheese <br> Applesauce Cup <br> 100\% Juice <br> Chicken Teriyaki <br> Brown Rice <br> Steamed Edamame <br> Cinnamon Apples |
| Strawberry Cinnaboli <br> 100\% Juice <br> Fresh Apple <br> Chicken Tenders <br> BBQ Sauce <br> Homemade Cornbread <br> Steamed Peas <br> Fruit Cup | Cereal Bowl <br> Dried Apples <br> Fresh Orange <br> Grilled Hamburger <br> Wheat Bun, Ketchup <br> Fresh Carrots <br> Ranch Dip <br> Cinnamon Apples | Lemon Poppyseed <br> Bread <br> String Cheese <br> 100\% Juice <br> Fruit Cup <br> Korean Beef <br> Brown Rice <br> Steamed Broccoli <br> Fresh Orange | Apple Frudel Dried Fruit Fresh Banana <br> Red Chicken Tamales Cheddar Cheese, Salsa Black Beans Fresh Apple | Banana Bread <br> Vanilla Yogurt <br> 100\% Juice <br> Applesauce Cup <br> Mini Cheese Pizzabolis <br> Marinara Cup <br> Steamed Corn <br> Seasonal Fruit |
| Strawberry Crisp <br> Breakfast Bar(L) <br> 100\% Juice <br> Fresh Apple <br> Seasoned Beef Chili <br> Shredded Cheddar <br> Homemade Cornbread <br> Baked Potato <br> Sliced Peaches |   <br> Cereal Bowl  <br> String Cheese  <br> Dried Apples  <br> Fresh Orange  <br>   <br> Buffalo Chicken  <br> Drumsticks  <br> Buttermilk Biscuit  <br> Steamed Carrots  <br> Seasonal Fruit  | Blueberry Scone <br> 100\% Juice <br> Fresh Banana <br> Bean \& Cheese Pupusa <br> Salsa <br> Refried Beans <br> Cinnamon Applesauce | Cinnamon Roll Dried Fruit Fruit Cup Chicken Parm Sandwich Marinara, Parmesan Wheat Bun Steamed Broccoli Fresh Apple | Apple Cinnamon Bread Applesauce Cup 100\% Juice <br> Pancakes, Syrup Sausage Patty Hash Browns Fresh Banana |
| 22 | 23 | 24 | 25 | 26 |


| S'mores Breakfast <br> Bar(s) <br> 100\% Juice <br> Fresh Apple <br> Beef Sloppy Joe <br> Wheat Bun <br> Steamed Corn <br> Fruit Cup | Maple Waffle <br> Dried Apples <br> Fresh Orange <br> Chicken Nuggets <br> Buttermilk Biscuit <br> BBQ Sauce <br> Steamed Carrots <br> Seasonal Fruit | Vanilla Yogurt <br> Honey Granola 100\% Juice <br> Sliced Peaches <br> Beef Meat Sauce <br> Penne Pasta <br> Steamed Broccoli <br> Cinnamon Applesauce | Oatmeal Round <br> Dried Fruit <br> Fresh Banana <br> Chicken Crispitos <br> Salsa <br> Black Beans <br> Fresh Orange | No School |
| :---: | :---: | :---: | :---: | :---: |
| Strawberry Cinnaboli <br> 100\% Juice <br> Whole Apple <br> Breakfast Burrito <br> Scrambled Eggs <br> Cheddar Cheese, Salsa <br> Hash Browns <br> Fresh Orange | Cereal Bowl <br> Dried Apples <br> Whole Orange <br> Turkey Hot Dog <br> Wheat Bun, Ketchup <br> Baked Beans <br> Fruit Cup |  |  |  |

*This institution is an equal opportunity provider.
**All meals are served with a choice of $1 \%$ or skim white milk. Chocolate milk is offered on Fridays.
***This menu is subject to change based on item availability
****Shelf stable meal kits available upon request.
Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.

